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Recommended Books

For Parenting Adolescents

“Parenting Teens With Love and Logic”, Cline and Fay
"Reviving Ophelia", Mary Pipher PhD.
"I Hate You, Mom But Will You Drive Me and Cheryl to the Mall?"
"Positive Discipline For Teenagers", Nelson and Lott
"Surviving Your Adolescents", Thomas Phelan
"Coping With Teenage Depression", Kathleen McLoy
“Mom’s House Dad’s House”, Dr. Isolina Ricci
[For Separation and Divorce]

For Sibling Rivalry and Parenting Help:

“Raising An Emotionally Intelligent Child”, Daniel Goleman
“Boundaries For Kids”, Dr. Henry Cloud
“How To Talk So Kids Will Listen and Listen So Kids Will Talk”, Faber & Mazlish
“Setting Limits With Your Strong Willed Child”, MacKenzie
“Raising Your Spirited Child”, Krucinka
“Strong Mothers, Strong Sons”, Ann Caron
“Siblings Without Rivalry”, Faber and Mazlish
“1-2-3 Magic”: Effective Discipline for Children ages 2-12 , Thomas Phelan, PhD.
Young Child’s book called “Hands Are Not For Hitting” , Martine Agassi

For Children diagnosed with Attention-Deficit Hyperactivity Disorder:

“Taking Charge of ADHD”, Russell Barkley
“Your Hyperactive Child”, Barbara Ingersoll
“The Difficult Child”, Stanley Turecki
“Straight Talk About Psychiatric Medications For Kids”, Timothy Willens
"Driven To Distraction", Edward Hallowell , M.D.